

INTERNATIONAL  
SCIENTIFIC AND PRACTICAL  
CONFERENCE  
«100 DAYS  
TOWARDS TOKYO»

TOKYO 2021



Minsk  
15-16.04.2021

# «100 DAYS TOWARDS TOKYO»

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## INFORMATION LETTER

**On 15-16 April 2021**, we invite you to take part in the International Scientific and Practical Conference "100 Days Towards Tokyo" dedicated to ongoing issues concerning preparations of athletes for the XXXII Olympic Games.

**Venue:** State Institution "Republican Scientific and Practical Centre of Sport", 8 Narochanskaya Street, Minsk, Republic of Belarus.

**Organisers:** The Ministry of Sport and Tourism of the Republic of Belarus and the State Institution "Republican Scientific and Practical Centre of Sport", with the participation of the educational institution "Belarusian University of Physical Culture", the National Anti-Doping Agency and the public association "Belarusian Association of Sports Medicine".

The aim of the event is to study current approaches to scientific, methodological and medical support for the preparation of athletes for the Olympic Games, and to organise an international exchange of knowledge among scientists, practitioners and representatives of the sports community.

Experts from the fields of sports medicine, traumatology, sports biomechanics, sports training, rehabilitation, nutrition, pharmacology in sport are invited to participate in the conference with presentations. The conference will examine and discuss new scientific directions and innovative developments in the high-level sports system.

The event will include a meeting of the Belarusian Association of Sports Medicine with representatives of sports medicine associations from other CIS and Baltic States to identify the main areas of cooperation and exchange experience in working with sports contingents during the epidemic of coronavirus infection, etc.

**Possible participation options** include: guest, organisation (association) welcoming speech, plenary presentation, speech during the discussion, etc. Participation can be in person or online. A quick link to the Zoom conference will be sent out later.

At the end of the conference, speakers will be issued certificates of contributor. Individuals taking part in the conference will receive certificates of participant. Certificates are issued free of charge.

You can find out more about the conference on our official website [medsport.by](http://medsport.by). Participation in the conference is free of charge.

***Accommodation and meals will be provided by the host country.***

***Foreign guests should preferably use air travel services. At the end of the conference, a PCR test for COVID will be provided and a certificate will be issued (cost: 32.5 USD).***

*An optional excursion programme will be offered for conference guests.*

**The information letter is an official invitation to attend the conference.**

In order to be included in the Conference Programme, please send an electronic application form to the Organising Committee at [post@medsport.by](mailto:post@medsport.by) by 05 April 2021 (the application form is attached).

Regards,  
Director of the RSPC of Sport, M.D,  
Chairman of the Public Association  
«Belarusian Association of Sports medicine»

I.A.Malyovanaya

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**Date of event: 15-16 April 2021**

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### APPLICATION FORM FOR PARTICIPATION IN THE INTERNATIONAL SCIENTIFIC AND PRACTICAL CONFERENCE "100 DAYS TOWARDS TOKYO"

**Data:** 15-16 April 2021

**Venue:** State Institution "Republican Scientific and Practical Centre of Sport",  
8 Narochanskaya Street, Minsk, Republic of Belarus.  
(Conference hall, 7th floor).

The surname, first name and patronymic		
Place of work or study ( <i>full name of organisation</i> )		
Participant's position or status ( <i>student, Master's Degree Student, postgraduate</i> )		
E-mail address		
Form of participation	<input type="checkbox"/>	<i>in person</i>
	<input type="checkbox"/>	<i>in absentia</i>
	<input type="checkbox"/>	<i>a welcoming speech</i>
	<input type="checkbox"/>	<i>speech during the discussion, etc</i>
	<input type="checkbox"/>	<i>presentation</i>

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**Date of event: 15-16 April 2021**